

# **CURRICULUM VITAE**

January 2009

***SIGITA PLIOPLYS, MD***

## **PERSONAL INFORMATION**

Department of Child and Adolescent Psychiatry  
Children's Memorial Hospital  
2300 Children's Plaza, Box #10  
Chicago, IL 60614  
Office 773.880.4800  
FAX 773.880.8110

Citizenship: USA

Birth Place: Vilnius, Lithuania.

## ***EDUCATION***

1979-1981 Undergraduate: Kaunas Medical Institute, Lithuania.  
1981-1985 M.D.; School of Medicine at the University of Vilnius, Lithuania.

## ***GRADUATE MEDICAL EDUCATION***

1986-1987 Department of Neurology and Psychiatry, School of Medicine, University of Vilnius, Lithuania; Residency in Adult Neurology.

1988-1990 Department of Neurology and Psychiatry, School of Medicine, University of Vilnius, Lithuania; Fellowship in Adult Neurology.

1996-1999 Department of Psychiatry, University of Illinois at Chicago, IL; Residency in General Psychiatry.

1999-2001 Children's Memorial Hospital, Feinberg School of Medicine, Northwestern University, Chicago, IL; Fellowship in Child and Adolescent Psychiatry.

## **BOARD CERTIFICATION AND MEDICAL LICENSURE**

1987 Board Certified in Neurology, Lithuania  
2002 Board Certified, American Board of Psychiatry and Neurology  
2003 Board Certified, American Board of Psychiatry and Neurology, Child and Adolescent Psychiatry

Licensure: Illinois, expiration: 07/31/2011

## **FACULTY APPOINTMENTS**

11/12/2001- 09/2008 Assistant Professor, Department of Psychiatry and Behavioral Sciences, Feinberg School of Medicine at Northwestern University, Chicago, IL  
09/2008 Associate Professor, Department of Psychiatry and Behavioral Sciences, Feinberg School of Medicine at Northwestern University, Chicago, IL

## **HOSPITAL APPOINTMENTS**

1987-1988 Attending Neurologist, Polyclinic Nr. 8, Vilnius, Lithuania  
1987-1988 Attending Neurologist, Clinical Hospital Nr. 3, Vilnius, Lithuania  
1992-1995 Clinical Research Specialist, Department of Research, Mercy Hospital and Medical Center, Chicago, IL  
2001 Child and Adolescent Psychiatry Attending, Department of Child and Adolescent Psychiatry, Children's Memorial Hospital, Chicago, IL  
2008 Head, Pediatric Neuropsychiatry Clinic, Department of Child and Adolescent Psychiatry, Children's Memorial Hospital, Chicago, IL

## **COMMITTEE SERVICE**

2007 CMH, IRB  
2008 ICCAP, the Jay Hirsch Award committee  
2008 CMH, Physician Assistance Program  
2008 Educational Committee, Department of Child and Adolescent Psychiatry, CMH

## **AWARDS, HONORS AND DISTINCTIONS**

- 1994 Co-investigator: "Investigation of L-carnitine and Amantadine for Treatment of Chronic Fatigue Syndrome". A one-year \$32,000 grant, Sigma-Tau Pharmaceutical Company.
- 1995-1999 Co-investigator for NIH sponsored (4 years; \$2.2 million) study "Estimating Rates of Chronic Fatigue Syndrome in a Community Sample". Principal Investigator: L.A. Jason, Ph. D., Department of Psychology, DePaul University, Chicago, IL.
- 1999 Honorable Mention for paper "Epileptic Psychosis", Residents' Committee, Illinois Psychiatric Society.
- 2000 Wyeth-Ayerst International Medical Graduates Mentorship Award, American Association of Directors of Psychiatry Residency Training (AADPRT).
- 2001 Pfizer Outstanding Resident in Child and Adolescent Psychiatry Award, American Academy of Child and Adolescent Psychiatry.
- 2001 A Todd Davis Outstanding Physician and House Staff Award, Children's Memorial Hospital
- 2002 An invited participant, 7<sup>th</sup> Annual Research Colloquium for Junior Investigators, APA.
- 2002 Eli Lilly Pilot Research Award from the Academy of Child and Adolescent Psychiatry.
- 2002 Academic support from the Children's Memorial Hospital, Faculty Practice Plan. One year: \$10,000.
- 2007 AACAP Travel Grant to junior faculty to present research data at the annual meeting in Boston, October 2007.

#### **PROFESSIONAL SOCIETY MEMBERSHIPS**

American Academy of Child and Adolescent Psychiatry  
 American Epilepsy Society  
 Lithuanian Psychiatric Association  
 American Lithuanian Medical Society, member of the executive board  
 Pediatric Committee on Mood Disorders in Children with Epilepsy, Epilepsy Foundation of America  
 National Collaborative Initiative on Pediatric Psychogenic Non-Epileptic Seizures,  
 American Epilepsy Society

#### **PROFESSIONAL AND SCIENTIFIC SERVICE**

### ***Editorial Service***

1993- 2003 Editorial Board, Biological Psychiatry and Psychopharmacology, Lithuania  
2002 Reviewer, Journal of the American Academy of Child and Adolescent Psychiatry  
2005 Reviewer, Epilepsy & Behavior  
2007 Editorial Board Member and Reviewer, Journal of Child Neurology

### **International Work**

2007 Chair, Symposium Epilepsy and Disability, Baltic Child Neurology  
  
Congress, Vilnius, Lithuania

### **RESEARCH GRANTS AND CONTRACTS (for the past five years)**

2002 PI: S. Plioplys, Elli Lilly and the Academy of Child and Adolescent Psychiatry Pilot Research Grant for the study “Psychopathology in Children with New Onset Seizures”; \$ 9,000.  
2004 PI: S. Plioplys, Children’s Research Foundation grant for the study “Psychopathology in Children with New Onset Seizures”; one year, \$ 3,225.  
2005 PI: S. Plioplys, Children’s Research Foundation grant for the study “Psychopathology in Youth with Psychogenic Non-epileptic Seizures”; one year, \$2,500.

### **SCHOLARLY PRODUCTIVITY**

#### **a. Original, peer-reviewed research articles**

Jason LA, Taylor R, Plioplys S, et al. (1995), Estimating rate of chronic fatigue syndrome from community based sample: a pilot study. American Journal of Community Psychology, 23:557-568.

Plioplys AV, Plioplys S (1995), Electron microscopic investigation of muscle mitochondria in chronic fatigue syndrome. Neuropsychobiology, 32:175-181.

Plioplys AV, Plioplys S (1995), Serum levels of carnitine in chronic fatigue syndrome: clinical correlates. Neuropsychobiology, 32:132-138.

Plioplys AV, Plioplys S (1997), Amantadine and L-carnitine treatment of chronic fatigue syndrome. Neuropsychobiology, 35:16-23.

Jason LA, Wagner L, Plioplys S, et al. (1998), Estimating the prevalence of chronic fatigue syndrome among nurses. The American Journal of Medicine, 105(3A):91S-93S.

Jason LA, Richman JA, Plioplys S, et al (1999), A community-based study of chronic fatigue syndrome. Archives of Internal Medicine, 159:2129-2137.

Jason LA, Taylor R, Plioplys S, et al (2002), Evaluating attributions for an illness based upon the name: Chronic Fatigue Syndrome, Myalgic Encephalopathy and Florence Nightingale disease. American Journal of Community Psychology, 30 (1):133-148.

Plioplys S, Dunn D, Caplan R (2007), Psychiatric Problems in Children with Epilepsy: 10-year Research Review Update. Journal of The American Academy of Child and Adolescent Psychiatry 46(11): 1389-1402.

Plioplys S, Asato MR, Bursch B, Salpekar JA, Shaw R, Caplan R (2007), Multidisciplinary Management of Pediatric Non-Epileptic Seizures. Journal of The American Academy of Child and Adolescent Psychiatry 46(11): 1491-1495.

#### **b. Editorials, Reviews, Commentaries**

Plioplys S, Plioplys AV (1995), Chronic fatigue syndrome (Myalgic Encephalopathy): a review. Southern Medical Journal, 88:993-1000.

Plioplys, S (2003), Depression in children and adolescents with epilepsy. Epilepsy and Behavior, 4: S39-S45.

Goldstein J, Plioplys S, Zelko F, et al (2004), Multidisciplinary approach to childhood epilepsy: exploring the scientific rationale and practical aspects of implementation. Journal of Child Neurology. 19(5): 362-78.

Plioplys S, Laux LC (2008). Pediatric psychogenic nonepileptic seizures in the emergency department: recognition and interventions. Pediatric Emergency Medicine 9 (2):101-105.

Jones JE, Austin JK, Caplan R, Dunn D, Plioplys S, Salpekar JA (2008), Psychiatric Disorders in Children and Adolescents who have Epilepsy. Pediatrics in Review;29:2:e9-e14.

Barry JJ, Ettinger AB, Friel P, Gilliam FG, Harden CL, Hermann B, Kanner AM, Caplan R, Plioplys S, Salpekar J, Dunn D, Austin J, Jones J (2008), Advisory Group of the Epilepsy Foundation as part of its Mood Disorder. Consensus statement: The evaluation

and treatment of people with epilepsy and affective disorders. Epilepsy and Behavior; 13:S1-S29.

### **c. Chapters, Books**

Contributed to the 3<sup>rd</sup> edition of the book, Helping Parents, Youth, and Teachers Understand Medications for Behavioral and Emotional Problems, M. Dulcan, ed. 2007.

Plioplys S, Kurth J, Gutierrez ML, Overview of Pediatric Psychopharmacology In Sleep and Psychiatric Disorders in Children and Adolescents: Ivanenko, editor, Informa Health Care (including Taylor & Francis and CRC Press), 2008.

Plioplys S, Lake MB, The Challenge of Teaching Psychopathology in Patients with Epilepsy. In Psychiatric Controversies in Epilepsy, Kanner A and Schachter S, eds. Elsevier: Academic Press.

Plioplys S, Asato M (in press), Clinical Applications of the Neurological Examination, EEG, and Neuroimaging. In Textbook of Child and Adolescent Psychiatry: APPI.

### **d. Case reports, Technical notes, Letters**

Plioplys S, Beedle D (1998), A case of acute psychosis and mediastinal seminoma. Psychosomatics (letter), 39(6):559-561.

### **e. Proceedings and non-refereed papers**

Jason LA, Fitzgibbon G, Plioplys S, et al. (1993), The prevalence of chronic fatigue syndrome: a review of efforts – past and present. The CFIDS Chronicle, Summer:24-29.

Plioplys S, Plioplys AV (1993), Chronic fatigue syndrome (*Letinio nuovargio sindromas*). Medicina (Chicago), 82:15-17.

Jason LA, Taylor R, Wagner L, Holden J, Ferrari Jr, Plioplys AV, Plioplys S, et al. (1994), A pilot study estimating rates of Chronic Fatigue Syndrome from community based sample. Proceedings: American Association for Chronic Fatigue Syndrome, October, p. 10.

Plioplys S, Plioplys AV (1994), Amantadine and L-Carnitine Therapy of Chronic Fatigue Syndrome: Preliminary Results. Proceedings of the American Association for Chronic Fatigue Syndrome, October, p. 92.

Plioplys S, Plioplys AV (1994), Serum levels of carnitine in chronic fatigue syndrome: clinical correlates. Proceedings: American Association for Chronic Fatigue Syndrome, October, p. 19.

← - - - Formatted: Bullets and Numbering

Plioplys S, Plioplys AV (1995), Chronic fatigue syndrome. *Chicago Medicine*, 98:11-15.

Plioplys AV, Plioplys S (1997), Meeting the frustrations of chronic fatigue syndrome. *Hospital Practice*, 32:147-166.

Jason LA, Taylor RR, Plioplys S, et al. (1999), Study compares medical trainees' reactions to three names for CFS. *The CFIDS Chronicle*, July/August.

Plioplys S (1999), Cognitive changes in normal aging (*Mastymo pasikeitimai normalioje senatveje*). *Neurologijos Seminarai (Seminars of Neurology)*, Nr. 1(5):15-19.

Plioplys S, Gaviria M et al (1999), Epileptic psychosis (*Epilepsine Psichoze*). *Biologine Psichiatrija ir Psichofarmakologija (Biological Psychiatry and Psychopharmacology)*, T. 1, Nr.1.

Plioplys S (2003), Psychiatric Comorbidity in Youth with Epilepsy. *The Children's Doctor*. Vol. 21, No.1, Fall 2003: 2-5.

**f. Abstracts (past four years):**

Plioplys S (2004), Psychogenic nonepileptic events in children and adolescents. *Scientific Proceedings: American Academy of Child and Adolescent Psychiatry*, October, p. 30.

Plioplys S (2004), Multidisciplinary management of youths with epilepsy and co-morbid psychopathology. *Scientific Proceedings: American Academy of Child and Adolescent Psychiatry*, October, p. 60.

Plioplys S, Szwed S, Varn, ME (2005). Psychiatric Problems in Children with Psychogenic Non-Epileptic Seizures. *Scientific Proceedings: American Academy of Child and Adolescent Psychiatry*, Vol. XXXII, October, p. 215; Poster presentation.

Plioplys S (2005), Psychogenic Non-Epileptic seizures in Youth: Pilot Data on Psychopathology and Family Functioning. *Epilepsia*, Vol. 46, Suppl. 8, 2005, p.159.

Plioplys S (2006), Pediatric Psychogenic Non-epileptic Seizures - a Multidisciplinary Expedition from Diagnosis to Recovery. *Scientific Proceedings: American Academy of Child and Adolescent Psychiatry*, Vol. XXXIII, October, p. 115.

Plioplys S (2006), Epidemiological, Clinical, and Developmental Characteristics of Pediatric Psychogenic Non-epileptic Seizures. *Scientific Proceedings: American Academy of Child and Adolescent Psychiatry*, Vol. XXXIII, October, p. 115.

Plioplys S (2006), Children with Psychogenic Non-epileptic Seizures – High Incidence of Comorbid Medical Illnesses. *Scientific Proceedings: American Academy of Child and Adolescent Psychiatry*, Vol. XXXIII, October, p. 234; Poster Presentation.

Plioplys S (2007), Current Views on Pediatric Psychogenic Non-Epileptic Seizures. Abstract Book: 9<sup>th</sup> International Conference of Baltic Child Neurology Association, Neurologijos Seminarai (Seminars of Neurology), T.11 (Suppl. 1), June, p. 21.

Plioplys S (2007), Pharmacological Treatment of Attention Deficit Hyperactivity Disorder in Children with Epilepsy. Abstract Book: 9<sup>th</sup> International Conference of Baltic Child Neurology Association, Neurologijos Seminarai (Seminars of Neurology), T.11 (Suppl. 1), June, p. S23.

Plioplys S (2007), Psychiatric aspects of pediatric epilepsy: enduring clinical dilemmas. Scientific Proceedings: American Academy of Child and Adolescent Psychiatry, Vol. XXXIV, October, p. 143;

Plioplys S (2007), Longitudinal Outcome of Psychogenic Non-Epileptic Seizures in Youth. Scientific Proceedings: American Academy of Child and Adolescent Psychiatry, Vol. XXXIV, October, p. 169; Poster Presentation.

Plioplys S (2008). New evidence for revisiting epilepsy as a developmental neuropsychiatric disorder, Scientific Proceedings: American Academy of Child and Adolescent Psychiatry, Vol. XXXV, October, p. 99.

Plioplys S (2008). New clinical approach to children with epilepsy: epilepsy as a developmental neuropsychiatric disorder. Scientific Proceedings: American Academy of Child and Adolescent Psychiatry, Vol. XXXV, October, p.101.

Plioplys S, Siddarth P, Asato M, et al (2008). Parents of Children with Non-Epileptic events: psychological and medical features. Scientific Proceedings: American Academy of Child and Adolescent Psychiatry, Vol. XXXV, October, p. 227; Poster Presentation.

Salpekar J, Siddarth P. Asato M, Plioplys S, et al (2008). Anxiety and somatization symptoms in pediatric non-epileptic events: a pilot study of assessment tools. Scientific Proceedings: American Academy of Child and Adolescent Psychiatry, Vol. XXXV, October, p. 228; Poster Presentation.

#### **PRESENTATIONS (past five years):**

- 2003 Psychological and neuropsychiatric implications of epilepsy. Workshop for the Chicago Public School Nurses, Children's Memorial Hospital.
- 2003 Psychiatric aspects of childhood-onset epilepsy. CRIB Retreat, Children's Memorial Hospital.
- 2004 Psychogenic nonepileptic events in children and adolescents. Symposium presentation, American Academy of Child and Adolescent Psychiatry, 51<sup>st</sup> Annual meeting.

- 2004 Multidisciplinary management of youths with epilepsy and co-morbid psychopathology. S. Weil Symposium, American Academy of Child and Adolescent Psychiatry, 51<sup>st</sup> Annual meeting.
- 2005 Psychopathology in youth with epilepsy. Grand Rounds at the Department of Neurology, Strich School of Medicine, Loyola University.
- 2005 Delirium among children. Regional Clinical CME accredited Clinical Conference “Delirium: Recognition, Etiology and Treatment Across the Lifespan”. Christ Medical Center, Oak Lawn, IL
- 2005 Invited participant at the NIDS, NIMH, and AES sponsored multidisciplinary workshop for a group of experts to develop a research agenda for nonepileptic seizure’s (NES) treatment trials, Washington D.C.
- 2006 ADHD in children with epilepsy. CME accredited educational conference for the primary care physicians, Alexian Brother’s Hospital and Medical Center, IL.
- 2006 Pediatric psychogenic non-epileptic seizures - a multidisciplinary expedition from diagnosis to recovery. Clinical Perspectives, Chair of the program and presenter, 53<sup>rd</sup> annual AACAP meeting.
- 2006 Mental health aspects in seizures. Clinical Conference “Pediatric Pearls” sponsored by Children’s Memorial Hospital for the primary care physicians.
- 2007 Treatment of ADHD in children with epilepsy. 9<sup>th</sup> International Conference of Baltic Child Neurology Association, Vilnius, Lithuania.
- 2007 Current views on pediatric psychogenic non-epileptic seizures. 9<sup>th</sup> International Conference of Baltic Child Neurology Association, Vilnius, Lithuania.
- 2007 Psychiatric aspects of pediatric epilepsy: enduring clinical dilemmas. 54<sup>th</sup> annual AACAP meeting, Clinical Symposium on Psychiatric Aspects of Pediatric Neurological Conditions, American Academy of Child and Adolescent Psychiatry.
- 2008 Chair: New evidence for revisiting epilepsy as a developmental neuropsychiatric disorder, Symposium at the 55<sup>th</sup> annual AACAP meeting, Chicago, IL, October 28-November 1.
- 2008 New clinical approach to children with epilepsy: epilepsy as a developmental neuropsychiatric disorder. Symposium at the 55<sup>th</sup> annual AACAP meeting, Chicago, IL, October 28-November 1.

2008 The Evaluation and Treatment of the Patient with Developmental Delay and Epilepsy: A Multidisciplinary Approach, Professionals in Epilepsy Symposium. 62<sup>nd</sup> Annual AES meeting, Seattle, WA, December 5-9.

2008 Epidemiological, Clinical, and Developmental Characteristics of PNES, Non-Epileptic Seizure Special Interest Group Session. 62<sup>nd</sup> Annual AES meeting, Seattle, WA, December 5-9.

Update: January 2009